

## **Module 8 – Dealing with the Spine**

### **1. Balancing the Deep Channels (Cloacals)**

There are energy channels deep within the body relating to the subtle energy systems of the meridians found at the surface of the skin.

If these deep channels are disrupted it can lead to significant energy loss and difficulty in maintaining or regaining health. In cases of long term illness it is worth checking the state of these channels. In relatively healthy people check them every so often as a routine precaution.

There are four points on the front of the body and four points on the back of the body – eight points in all.

#### **Using muscle-testing to isolate weaknesses**

An arm and leg are raised straight (unbent) and tested to see whether they can be maintained in position when either pulled together (upward movement) or pushed apart (downwards movement). Because this is a little unusual, the person must be clear about the direction and type of movement, so that they have the opportunity to resist appropriately.

Because the combinations of tests are various, it is important to note weaknesses as they are found.

#### **Tests:**

The client is asked to ‘resist’ each of these tests.

1. Support the raised arm and leg in your hands and test by bringing your hands upwards and together towards each other, on the left side of the body.

This is an ipsi-lateral (same side) test for posterior (back) weakness on the left side.  
(ipsilateral, posterior, left)

2. Push downwards on the same raised arm and leg on the left hand side

by even pressure from your hands, moving them away from each other.

This is an ipsi-lateral (same side) test for anterior (front) weakness on the left side.  
(ipsilateral, anterior, left)

3. Support the raised arm and leg in your hands and test by bringing your hands upwards and together towards each other, on the right side of the body.

This is an ipsi-lateral (same side) test for posterior (back) weakness on the right side.  
(ipsilateral, posterior, right)

4. Push downwards on the same raised arm and leg on the right hand side by even pressure from your hands, moving them away from each other.

This is an ipsi-lateral (same side) test for anterior (front) weakness on the right side. (ipsilateral, anterior, right)

**Now test opposite arms and legs:**

5. Left arm and right leg – pulling together (left contra-lateral, posterior)
6. Left arm and right leg – pushing apart (left contra-lateral, anterior)
7. Right arm and left leg – pulling together (right contra-lateral, posterior)
8. Right arm and left leg – pushing apart (right contra-lateral, anterior)

Having noted which test are weak, it is vital that the priority for correction is found.

Attempting to correct cloacals in any other order will not work.

Find out which weak pair needs correcting first, second, third etc.

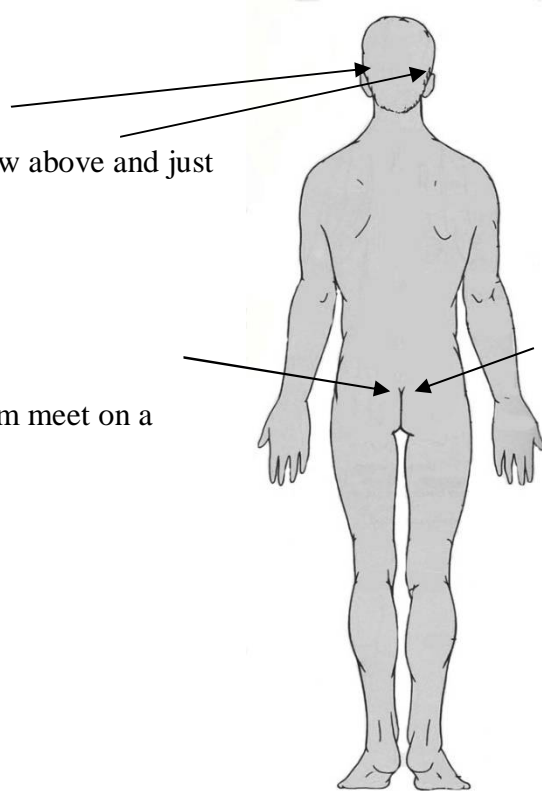
**Corrections**

Corrections can be made by holding crystals on the points

(If you don't have crystals, the points can be held, a pulse should be felt and this will become synchronised when balanced.)

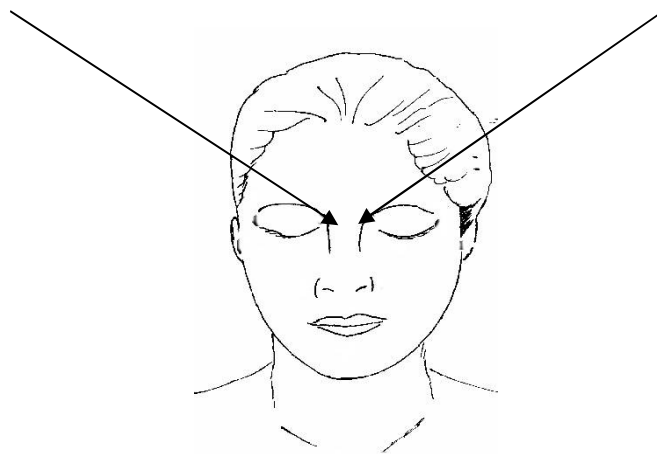
## Posterior Correction Points

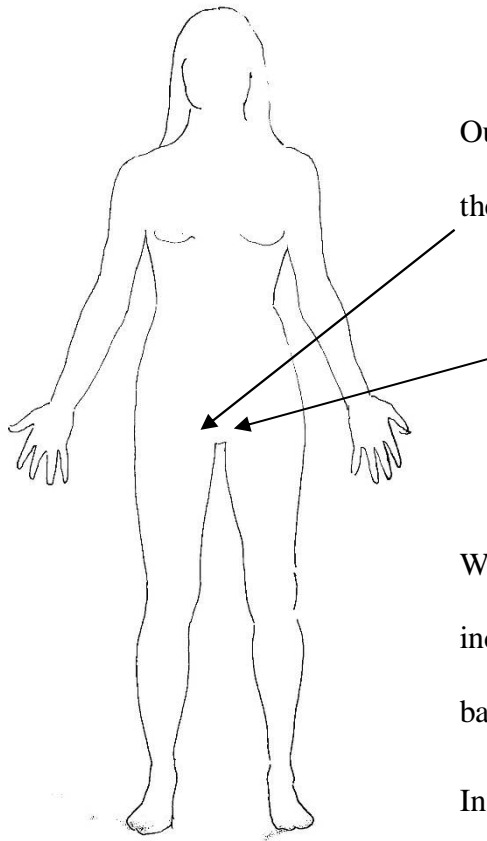
1. Temporal bone on skull, a slight hollow above and just behind the ear.
2. The point where the coccyx and sacrum meet on a curve of the lower spine.



## Anterior Correction Points

1. Supra-orbital foramen (inside orbit of eye, next to the nose!)





Outer edges of the pubic bone (just in and down from the hip bones)

When all corrections have been done and each individually tested. Repeat all deep channels are now balanced.

In cases where more than one weakness has been found, or chronic illness is apparent, repeat tests regularly until stability has been regained.

If muscle-testing is not appropriate or possible, dowse for cloacal weaknesses and their order of correction.