

GREEN MAN ESSENCES – FULL LIST – 2025

TREE ESSENCES:

1 Alder	89 Norway Spruce
2 Apple	43 Oak
3 Ash	96 Olive
81 Aspen	59 Osier
82 Atlas Cedar	60 Pear
4 Bay	61 Persian I/Wood
49 Beech	63 Pittospora
50 Bird Cherry	62 Plane Tree
5 Black Poplar	44 Plum
6 Blackthorn	45 Privet
7 Box	64 Red Chestnut
25 Catalpa	65 Red Oak
75 Cedar of Leb	90 Robinia
26 Cherry Laurel	17 Rowan
27 Cherry Plum	18 Scots Pine
51 Copper Beech	97 Sea Buckthorn
8 Crack Willow	101 Sequoia
83 Douglas Fir	19 Silver Birch
9 Elder	91 Silver Fir
28 English Elm	20 Silver Maple
84 Eucalyptus	66 Spindle
52 Field Maple	46 Stags/H Sumach
85 Fig	47 Strawberry Tree
86 Foxglove Tree	67 Sweet Chestnut
10 Gean	21 Sycamore
29 Giant Redwood	68 Tamarisk
94 Ginkgo	22 Tree Lichen
53 Glast'bury Thorn	69 Tree of Heaven
30 Gorse	70 Tulip Tree
11 Great Sallow	48 Viburnum
12 Hawthorn	92 Walnut
13 Hazel	79 Wayfaring Tree
31 Holly	71 Weeping Willow
14 Holm Oak	98 Western Hemlock
32 Hornbeam	93 West/Red Cedar
33 Horse Chestnut	23 Whitebeam
34 Italian Alder	72 White Poplar
35 Ivy	73 White Willow
54 Judas Tree	99 Wild Service Tree
87 Juniper	100 Willow/L Pear
36 Laburnum	80 Wych Elm
37 Larch	74 Yellow Buckeye
38 Lawson Cypress	24 Yew
15 Leyland Cypress	64 Yarrow

KEYS TO THE GREEN KINGDOMS

Nos 1 - 10

SOVEREIGNTY & CHALICE

SPRAYS

Earth Protector
Triple Mirror
Puncture Repair Kit
Deep Forest
EarthLight, SOH

FLOWERS

51 Alkanet
53 Belladonna
54 Coleus
4 Chamomile
49 Cowslip
35 Cuckoo-Pint
5 Daffodil
6 Daisy
7 Dandelion
36 Dark Mullein
55 Desfontainia
37 Elecampane
9 Forget-me-not
10 Golden Crocus
56 Henbane
12 Honesty
13 Lavender
14 Love-in-a-mist
57 Mandrake
58 Mistletoe
59 Mugwort
17 Nettle
18 Oriental Hellebore
19 Pansy
20 Passionflower
21 Pennyroyal
60 Petunia
22 Quince
23 Rue
24 Sage
26 Scabious
27 Scarlet Pimpernel
40 Skullcap
29 Snowdrop
30 Snowflake
31 Stitchwort
32 St John's Wort
61 Sun Opener
41 Sweet White Violet
62 Vervain
33 Wild Violet
63 Woad
44 Wormwood

Preseli Bluestone Preseli Bower

LIGHT ESSENCES:

1 Red
2 Orange
3 Yellow
4 Green
5 Blue
6 Indigo
7 Violet
8 Pink
9 White
10 Magenta
11 Ultra-Violet
12 Turquoise
13 Gold
14 Pale Green

ICE KEYS 1-8

TF- Now & Past

Dragon Essences

Shield 1 & 2

Shield 1 Spray

See shop site for **Gem Essences**

MANDALA : FOCUS FIXES:

1 Throne	1 TUTS 1
2 Omphalos	2 TUTS 2
3 Weave	3 PLEASE
4 Flow	4 RAGE
5 Breakthrough	5 HELP
6 Immanence	6 RASP
7 Web	7 GONE
8 Readjustment	8 FREE
9 Respite	9 EGO
10 Haven	10 CALM
11 Guidance	
12 Threshold	
13 Expanse	

FOREST COMBINATIONS:

1 Meridian Energiser
2 Energy Flow
3 Release
4 Rekindler
5 Strength
6 Forgiveness
7 Assuredness
8 Self-Worth
9 Tranquillity
10 Relaxation
11 Joy



Green Man Essences

Trade Price List-2025

Prices as from **1st August 2025**

(All our essences are sold at **Stock level**)

We have now simplified our pricing:

All Essences:

* 10ml £7.00 each

* Boxed set of Forest Combinations 10ml (11) £70.00

* Boxed set of Focus Fixes 10ml (10) £75.00

* Boxed set of Mandala Essences 10ml (13 + booklet) £96.00

* Boxed set of Sovereignty 10ml (10) £75.00

* Boxed set of Chalice 10ml (9) £68.00

* Boxed set of 'Keys to the Green Kingdoms' 10ml (10) £75.00

* Booklet "Choosing and Using Green Man Essences" £2.00

* Colour Booklet about the Mandala Essences £3.00

Protection & Space Clearing Sprays – 50mls

'Earth Protection' & 'Deep Forest' 'Triple Mirror' & 'Puncture Repair Kit'

'EarthLight', 'Rainbow Dragon Drops', 'Spirit of Harmony', 'Shield 1'£12.00 each

PLEASE NOTE:

ALL ORDERS ARE SUBJECT TO POSTAGE AND PACKING

ALL INITIAL ORDERS MUST BE OVER £150 and ACCOMPANIED BY
FULL STERLING PAYMENT – PayPal, Sterling Cheque or Card Payment
via our shop.

Payment can be arranged through our online retail shop via the secure
gateway – please contact us at:
info@greenmanshop.co.uk