## **Fixation**

(Disruption of energy flow down the spine)

## **Fixation**

- 1. Find a Strong Indicator Muscle
- 2. Place a sheet of black paper close enough to someone's eyes so the colour fills their vision.
- 3. Ask them to look at it.
- 4. Retest.
- 5. If the test is weak, fixation is present.

## **Correction:**

- 6. Direct a pencil torch, crystal laser wand, or narrow beam of light at the brow chakra, or place a Herkimer of piece of danburite on the brow until you feel an energy shift.
- 7. Retest with the black paper near the eyes.
- 8. If weak repeat stage 6).
- 9. If strong, the fixation has been shifted.