

Temporo Mandibular Joint Correction (TMJ)

This joint can be responsible for many problems – jaw, neck, back, pelvis

This is a technique modified for use with crystals.

1. Find a SIM (Strong indicator Muscle)
2. Get the client to place the tips of two adjacent fingers on the pointed tip of the chin.
3. Test the muscle.
4. If the muscle-test is weak there is a problem and you need to continue with '5'.
5. Get the client to place the tips of three adjacent fingers on the pointed tip of the chin with the mouth wide open
6. Test the muscle
7. Get the client to place the tips of three adjacent fingers on the pointed tip of the chin with the mouth closed
8. Test the muscle

The open mouth tests the interior muscles, the closed mouth, the exterior muscles.

If Test '5' is weak, use two small clear quartz points aimed at the area above the last molar in the top teeth.

If Test '7' is weak you can either use two clear quartz points aimed at the meridian points Stomach 2, below the centre of each eye on the cheekbones or lightly pinch the muscles around Stomach 2 (ideal for the client to do at home)

If perchance, Test 2 is weak but 5 and 7 are both strong, ask the client to move the jaw from side to side, and then retest.